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The Sports Science Institute of South Africa (SSISA): Finance Internships 2026 New Job Application

Description

The Sports Science Institute of South Africa (SSISA) is a leading research and educational institution dedicated to the advancement of sports science, health, and wellness. SSISA has been at the forefront of promoting physical activity, sports performance, and injury prevention through its multidisciplinary approach.

SSISA is offering a dynamic opportunity for a Finance Intern to join our team. This internship program provides hands-on experience in financial management within the context of a renowned sports science institution. The Finance Intern will work closely with our finance team to gain practical skills and insights into various aspects of financial operations, including budgeting, financial analysis, and reporting.

Responsibilities

- Assist with day-to-day financial transactions, including accounts payable and receivable
- Support in the preparation of financial statements and reports
- Collaborate with the finance team to analyze financial data and trends
- Participate in budgeting and forecasting processes
- Contribute to financial audits and compliance activities
- Assist in maintaining accurate financial records and documentation
- Undertake ad hoc projects and tasks as assigned by the finance manager

Qualifications

- Pursuing or recently completed a degree in Finance, Accounting, or related field
- Strong analytical and numerical skills
- Proficiency in Microsoft Excel and other financial software
- Excellent communication and interpersonal abilities
- Detail-oriented with a high level of accuracy
- Ability to work effectively both independently and as part of a team
- Passion for sports science, health, and wellness is desirable

Job Benefits

- **Professional Development:** Gain valuable hands-on experience in financial management under the guidance of experienced professionals. Participate in training sessions, workshops, and seminars to enhance your skills and knowledge.
- **Mentorship:** Receive personalized mentorship from our finance team

Hiring organization

The Sports Science Institute of South Africa

Employment Type

Intern

Duration of employment

3 Months

Industry

Health, Wellness & Fitness

Job Location

Cape Town, Western Cape, South Africa, 8000, Cape Town, Western Cape, South Africa

Working Hours

09

Date posted

August 16, 2026

Valid through

11.06.2028

members who are dedicated to helping you succeed in your internship and beyond. Benefit from their expertise, advice, and guidance as you navigate the world of finance.

- **Networking Opportunities:** Build connections with industry professionals, fellow interns, and SSISA staff through networking events, social gatherings, and collaborative projects. Expand your professional network and explore potential career paths within the sports science and finance sectors.
- **Work-Life Balance:** Maintain a healthy work-life balance with flexible working hours and the option for remote work arrangements. We understand the importance of taking care of your well-being and encourage you to prioritize self-care and leisure activities.
- **Access to Facilities:** Enjoy complimentary access to SSISA's state-of-the-art facilities, including the gym, sports fields, research laboratories, and wellness center. Take advantage of our fitness classes, sports programs, and health assessments to support your physical and mental well-being.
- **Recognition and Rewards:** Receive recognition for your contributions and achievements through our employee recognition program. Celebrate milestones, accomplishments, and team successes with your colleagues and supervisors.
- **Community Engagement:** Engage with the local community through SSISA's outreach programs and initiatives. Volunteer your time and skills to promote health and fitness awareness among underserved populations and make a positive impact on society.
- **Future Opportunities:** Explore potential career opportunities within SSISA or affiliated organizations upon successful completion of your internship. Benefit from our alumni network and career development resources as you transition into the next phase of your professional journey.

Contacts

Interested candidates should submit a CV and cover letter outlining their suitability for the position. Please include "Finance Internship Application" in the subject line. Shortlisted candidates will be contacted for interviews.

Join Our Team: Embark on a rewarding journey in the intersection of finance and sports science with SSISA. As a Finance Intern, you'll have the opportunity to contribute to our mission of promoting health, fitness, and performance excellence. Join us in making a positive impact on the lives of athletes, individuals, and communities. Apply now!